

Governor's Challenge 2009

Hello All,

The Governor's Challenge is a program that encourages all school children to be physically active 3 days a week or more for 30-60 minutes at a time.

Our school is participating in this challenge from now through May 22nd. The goal is to have all students participate (and their families, too!).

The physical activity can come from home or school, but P.E. hours don't count. The 6th graders are hosting an activity each day at lunch. Check out the calendars in your classrooms to see what's in store! Activity minutes can also be earned at home. It can be organized sports practice or games or just activity at home such as playing soccer outside or riding your bike.

In order to keep track of your participation, the 6th graders have created a record sheet (see attached). This sheet will be passed out in class each week. Please record your time and have an adult initial it. These sheets will be turned in each Monday during the challenge and the 6th grade team will record the hours.

If you have any questions, please contact Mrs. Jakubs at tjakubs@csmh.org.

Good luck and thanks for joining the challenge with us!

Sincerely,

6th grade Governor's Challenge Team of
Charter School of Morgan Hill

