

CHEETAH UPDATE

Laura Hagiperos, Athletic Director ~ 463-7902

March 2009

"Every game is an opportunity to measure yourself against your own potential."

~ Coach Bud Wilkinson



Cheetah Teams Score Big this Winter season.

Our 8th grade boy's Basketball team was a thrill to watch all season. Defined by the precision jump shot of Jackson Gion and the outside "Threes" of Ty Miller, the Cheetah men were a scoring machine. The fast break was led by the outstanding defensive rebounds of Vince Czeropski and Trevor Mitoma and followed by the speed and agility of point guards Ty Gardener and Tony Mihai. The inside muscle fell to the big men, Connor Desmond and Clay Carlson, while Ryan Ochoa, Joey Kim and Evan Schirle had the speed and aggressive defense that kept opponents on their heels. "This team was a coaches dream," said coach Cindy Gion who has shared the coaching duties with Mike Miller for the past three years. Once again, the season came down to a much anticipated game with the Sacred Heart Spartans. Every one hung around for this game, including the 8th grade Spring Grove team who showed up to watch. The Spartans prevailed and the season ended in a three way tie for first with Charter, Spring Grove and Sacred Heart!



7th Grade & 6th Grade Teams Place.

Our 7th grade team had the great combination of size, speed and great coaching. Led by second year coach, Martha Baughman and newbie Mark Northcott the boys improved their offense and defense every game! They ended the season tied for third place in the league.

Coaches Chris Schilling, Chris Valenzuela and Bill Gardner led our 6th grade squad to a 2nd place finish, losing only once to Sacred Heart! The rivalry continues!!!

Cheetah Girl's Soccer end Season at 5-3

It was an unpredictable season which included a few injuries, a little drama and a game that will be remembered as the "perfect storm" of hail, 50 mph wind and freezing rain that fell during a home game against, you guessed it, the Sacred Heart Spartans! Led by the talents of 8 veteran 8th graders the Cheetahs boasted a balanced attack of skill and experience. Top scorers, and third year veterans, Katie Chagnon and an injured Sarah Lewis, shared goalie duties throughout the season. Also returning for their third season were Alyssa Smedlund, Devyn Gunsky and Katie Georgi, who had their best performances yet. New comers Amanda Zizzo, Kailee Izat, and Ziela Mares added speed and depth to the mid and defender positions. Head Coach Christine Kelley returned for her fourth year and shared duties with returning coaches Jenny Seah and Buzz Sarll. Great job on another great season!

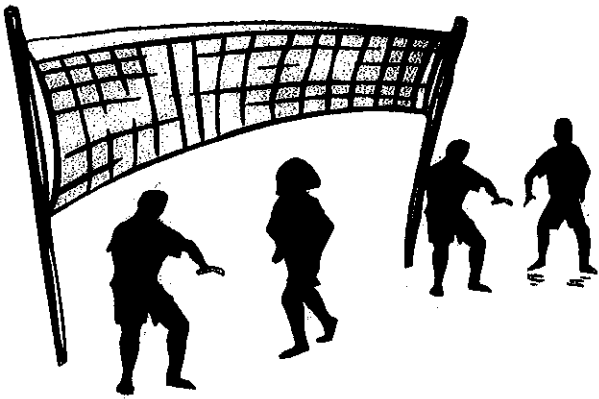


Our coaches demonstrate leadership by sharing their love of the game, their dedication to excellence and their personal sacrifice. The players, the parents and the Athletic Program are forever in your debt.

SBAL Spring Season!

8th Grade Coed Volleyball

Practice starts this week and picks up after the Washington/Easter Break.



Monday 3/30 @ Crossroads Gym 4:15-5:30 pm

Tuesday, 3/31 @ CRC 3:30-5:00pm

Wednesday, 4/1 @ CRC 3:30 - 5:00pm

Practice during Easter break TBA

Cross Country Races

Cross Country is a race that consists of a 2.5 mile course which includes rugged, uphill and downhill terrain. Sign up with Mrs. Hagiperos.

1st Race

Thursday, April 2, 2009

Park Hill, Hollister

Start Time 4:00 pm

Open to all 6th, 7th and 8th graders

2nd Race

Thursday, April 23, 2009

Gabilan College, Gilroy

Start Time 4:00 pm

Open to all 6th, 7th and 8th graders

Track Team

Our CSMH track team is now forming. Sign up with Mrs. Hagiperos in the MPR.

We have the opportunity to participate in two events this year. Both track meets are in May (2nd & 15th) and will include the following events:

Running events

70 yard hurdles

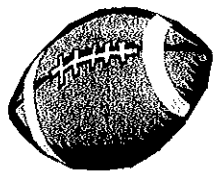
4x100m & 4x400m relays

100m, 400m, 800m & 1600m (mile)

Field Events

Shot put, Long Jump, High Jump

Volunteer coaches needed during practices starting April 27th!



Girl's Flag Football

Sign up Now
in the MPR!!

Open to all 7th and 8th grade girls.

Practice begins April 20th

First Game is April 29th!

NFL Flag Football format. 5 on 5

Looking for enthusiastic coaches!

Please contact Mrs. Hagiperos @ 463-7902

Important Dates

Monday, 3/30-
4:15-5:30 pm

Coed Volleyball Mandatory Practice
Crossroads Christian Gym

Tuesday, 3/31
3:30-5:00pm

Coed Volleyball Mandatory Practice
MH Community Recreation Center

Wed, 4/1
3:30-5:00pm

Volleyball Mandatory Practice
MH Community Recreation Center
Forms and FEES Due!

Thurs, 4/2
4 pm

Cross country Race
Park Hill, Hollister

Thurs, 4/29
4pm

Cross country Race
Gabilan College, Hollister

4/8
9:00- 1:00

6th Grade MHUSD Coed volleyball Tournament
Los Paseos Elementary School